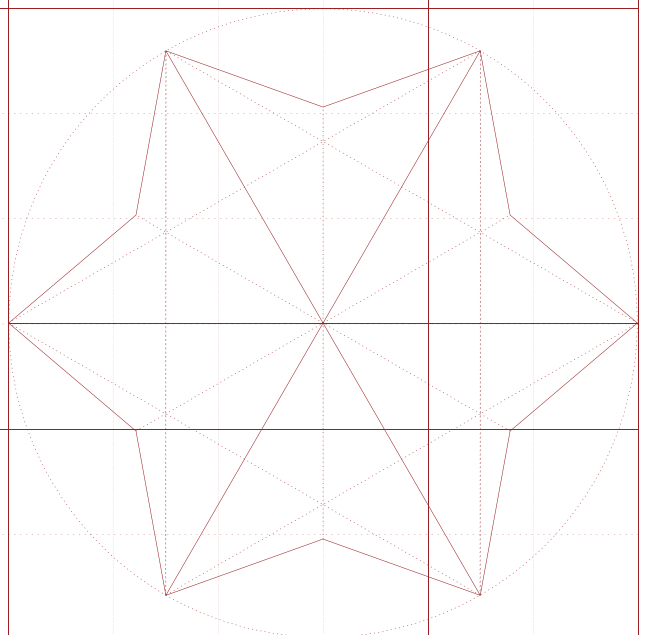
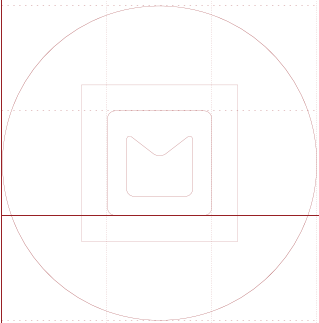




20
25

HIGH SCHOOL ADMISSIONS AT MEK REVIEW

TEST PREP • ADMISSIONS COUNSELING



THE HIGH SCHOOL ADMISSIONS TIMELINE

WHAT ARE THE DIFFERENT TESTS?

BCA/BT ENTRANCE EXAM

An exam exclusively used for admissions to the Bergen County Academies and Bergen Tech

SSAT & ISEE

Two different tests, for the same function: private boarding & day school admissions. Some parochial schools, such as the Academy of the Holy Angels, also accept the SSAT and ISEE.

HSPT

An exam used for admissions to parochial high schools, such as Regis High School and Don Bosco Preparatory High School

...and so many more! Schedule a consultation to discuss the best options for your student.

LATE AUG./EARLY SEPT. SSAT/ISEE OFFICIAL TEST

For students who start test prep early, taking the SSAT/ISEE in late August/early September is a great option.

SPRING | 7TH GRADE

FEBRUARY TO JUNE | 7TH GRADE

The Spring season before 8th grade is an essential time for students to boost their potential and get ahead of their peers. Students who start the high school admissions test prep journey in the Spring are 62% more successful in achieving admissions to BCA, BT, and private boarding and day schools, and in receiving huge scholarships to parochial high schools.

High school admissions exams are all centered around the Common Core State Standard--the very core of the school classroom. During the Spring, students can take **Exam Prep 8**, a comprehensive test prep course for students aiming to take any high school admissions exams, as well as **MEK Learning Circles** courses to strengthen their school classroom core.

RECOMMENDED PROGRAMS:

Exam Prep 8
MEK Learning Circles

SUMMER | 8TH GRADE

JULY TO AUGUST

The Summer months are critical for a student's high school admissions test prep. These short months are when students can commit the most time and energy into the transformation process.

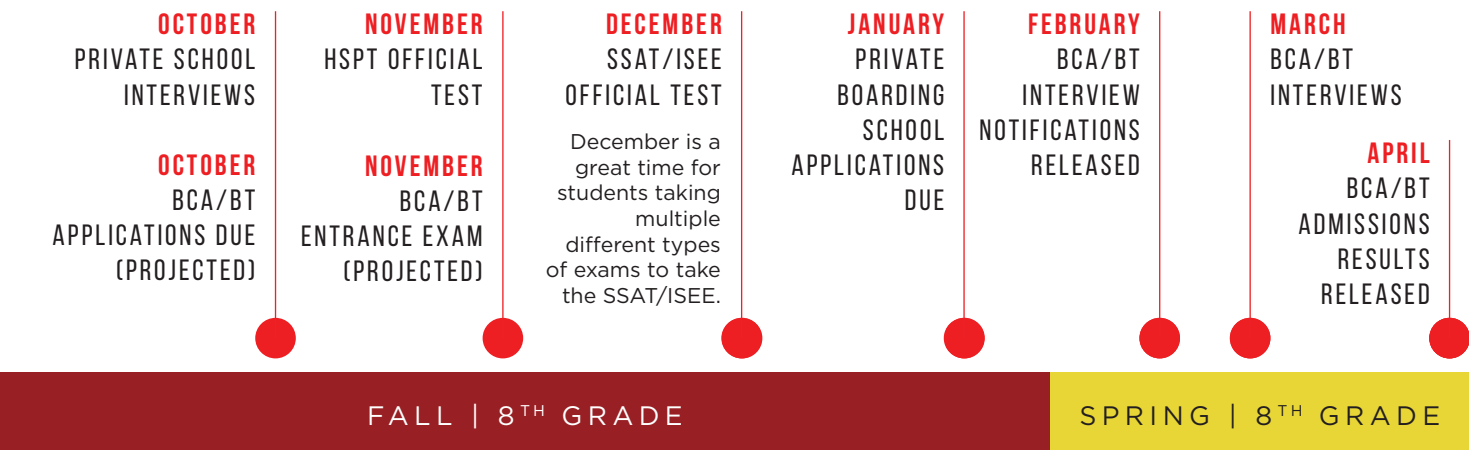
Once the Fall season comes around, students only have 11 weeks (at most) to transform their thinking patterns and testing/study habits. So these two months are the best time to kickstart that process early.

RECOMMENDED PROGRAMS:

Exam Prep 8 *if not enrolled in the Spring course*
SSAT/ISEE 8
HSPT Prep
BCA/BT Test Clinics
MEK Learning Circles

There are so many different possibilities when it comes to high school admissions, each possibility opening a new door for new potential.

The full high school admissions process covers a little over one year at MEK. MEK is equipped with the expertise and resources to make those three semesters the most formative semesters that an 8th grader can experience.



SEPTEMBER TO DECEMBER | 8TH GRADE

The Fall semester is GO TIME. With important application dates, exams, and interviews sprinkled all throughout the Fall, time management and strategy is key. What will you prioritize?

During this time, it's most important that students are receiving pinpoint test-specific test prep. Through the **BCA/BT Prep Program, Fast Track 8, HSPT Prep, and SSAT/ISEE Prep**, students are able to train for the test that they are taking. And if they're taking more than one type of test, the MEK counseling team is equipped to design a test prep plan for you that targets all of the goals that you set for your child.

RECOMMENDED PROGRAMS:

BCA/BT Prep Program
FastTrack 8
HSPT Prep
SSAT/ISEE Prep

FEBRUARY TO APRIL

During the time in which students are waiting to hear back from their schools, it's important that they stay sharp. That way, wherever they go, they can start their high school years on the right foot.

With **High School Honors Prep** courses, students can stay ahead of the curve in English and Math.

RECOMMENDED PROGRAMS:

High School Honors:
Advanced English
Algebra II
Geometry

26th ANNUAL BCA/BT PREP PROGRAM

PROGRAM INFORMATION

The Fall 2025 BCA Prep Program is comprised of four major elements that students are provided **every week during the 11-week program:**

MATH LECTURE

IN-PERSON, ONCE-WEEKLY
3 hours weekly

ENGLISH LECTURE

IN-PERSON, ONCE-WEEKLY
2.5 hours weekly

ENGLISH & MATH CLINIC

VIRTUAL, ONCE-WEEKLY
2.5 hours weekly

APPLICATION GUIDANCE

IN-PERSON/VIRTUAL
Counseling meetings provided on demand

Students are exposed to a rigorous test prep environment from **Day One**.

During this time, students are placed in the course levels that best cater to their current performance level and test prep needs. Periodically, throughout the program, students are reevaluated based on their class performance and placed into different levels as needed.

This system provides students short term milestones to aim for and to use as their stepping stones to success on their Entrance Exams.

STARTING DATE: SEPTEMBER 5TH, 2025

ENDING DATE: NOVEMBER 15TH, 2025

Schedule and more information on next page.

26th ANNUAL BCA/BT PREP PROGRAM

SCHEDULE

Plan for your students to be in class for three days weekly!
Choose the combination of class schedules that best works for your student.

MATH LECTURE

IN-PERSON, ONCE-WEEKLY
3 hours weekly

PALISADES PARK

Saturday | 12:00 PM to 3:00 PM
Tuesday | 5:30 PM to 8:30 PM

CLOSTER

Saturday | 10:30 AM to 1:30 PM
Wednesday | 5:30 PM to 8:30 PM

**Students take a mock Math
test at the beginning of every
lecture time.**

ENGLISH LECTURE

IN-PERSON, ONCE-WEEKLY
2.5 hours weekly

PALISADES PARK

Saturday | 9:00 AM to 11:30 AM
Wednesday | 6:00 PM to 8:30 PM

CLOSTER

Saturday | 2:00 PM to 4:30 PM
Tuesday | 6:00 PM to 8:30 PM

**Students take a mock English
test at the beginning of every
lecture time.**

WEEKLY CLINIC

VIRTUAL, ONCE-WEEKLY
2.5 hours weekly

VIRTUAL ONLY

Friday | 6:00 PM to 8:30 PM

Included within Clinic time:
Application Essay Workshop
Supplemental Math Drills &
Exercises
Supplemental English Drills &
Exercises

THE HIGH SCHOOL ADMISSIONS PACKAGE

MEK Review is here to guide you through the ENTIRE high school admissions journey.
INCLUDED in your BCA/BT Prep Program are the following:

BCA/BT INTERVIEW PRACTICE

In mid-February, selected BCA/BT applicants will receive an interview notification, indicating that they have passed the first step of admissions. MEK will host an interview practice workshop at that time for these students.

4 SSAT, ISEE, & HSPT PRACTICE TESTS

Most BCA/BT Prep students also plan to prepare for other high school admissions tests: namely the SSAT, ISEE, and HSPT. MEK provides all students 4 practice tests of each test, upon request.

ACADEMIES @ENGLEWOOD ADMISSIONS PREP

Most BCA/BT Prep students also opt to apply to the Academies @Englewood, whose entrance exam and application due date are generally in early- to mid-November. MEK provides all students practice for the exam, as well as interview practice, upon request.

26th ANNUAL BCA/BT PREP PROGRAM

THE FULL PROCESS

STEP 1

EVALUATION TEST

Students take BCA/BT mock evaluation tests in April and in August. These evaluation tests are meant to be used both for evaluation purposes and for student/parent reference. Using the results of the evaluation tests, the MEK Counseling Team will guide you through the next steps.

STEP 2

PROGRAM ENTRY INTERVIEW

The parent, student, and counselor will review **the evaluation score report** and **school transcript** at this time. The program entry interview is meant to assess the degree of student willingness to fully commit to the BCA/BT Prep Program. This full commitment is essential to student success.

STEP 3

PROGRESS CHECK-IN (DURING THE PROGRAM)

During the program, the MEK Counseling and Teaching Teams are constantly assessing student progress and identifying potential student challenges. Using their findings, counselors and program directors will conduct progress check-in meetings to address student difficulties and answer questions as needed.

STEP 4

APPLICATION STRATEGY MEETING (DURING THE PROGRAM)

The MEK Counseling Team will conduct application strategy meetings to help students and parents navigate the high school admissions process. These strategy meetings may include choosing academies/programs, designating back-up schools, and planning for upcoming milestones.

26th ANNUAL BCA/BT PREP PROGRAM

THE FULL PROCESS

STEP 5

APPLICATION ESSAY WORKSHOP (DURING THE PROGRAM)

During the program, the MEK English Teaching Team hosts an application essay workshop to teach students how to write effective application essays. After the workshop, students submit drafts of their application essays for review and feedback. Together with their teachers, students reach a polished final draft of their application essays, ready for submission.

STEP 6

CULMINATION MEETING: FINAL PERFORMANCE ASSESSMENT

Immediately after the official test, students convene back at MEK Review to regroup about the test and their readiness for it. This feedback provides the MEK Team with insight into individual students' admissions chances and allows the counseling team to provide perspective for the next step.

STEP 7

INTERVIEW PRACTICE

For all students who are invited to the interview, the MEK Counseling Team conducts interview practices to ensure that students are ready for their in-person or virtual interviews.

Throughout the entire program, parents are able to keep track of student progress via the parent account on Canvas.

26th ANNUAL BCA/BT PREP PROGRAM

OUR RESULTS

IN 2025

35

MEK students accepted to
Bergen County Academies

17

MEK students accepted to
**Bergen County Technical
High School - Teterboro**

1^{OUT}
OF 7

current freshmen at
Bergen County Academies
is an MEK student!

IN 2024 & 2025, OUR STUDENTS HAVE ALSO BEEN ACCEPTED TO...

Phillips Academy Andover
Phillips Exeter Academy
Choate Rosemary Hall
Lawrenceville School
Horace Mann School
Dwight-Englewood School
Hackley School
Emma Willard School

Regis High School
St. Peter's Preparatory High School
Academy of the Holy Angels
Immaculate Heart Academy
Bergen Catholic High School
Don Bosco Preparatory High School
Paramus Catholic High School
St. Joseph Regional High School

IN 2025, OUR STUDENTS RECEIVED

\$290,000+

IN SCHOLARSHIPS TO PAROCHIAL SCHOOLS.

HS ADMISSIONS FAST TRACK 8

Fast Track 8 is for students who want to experience high school admissions, but may not be ready for the rigorous pace of BCA/BT Prep just yet. Fast Track 8 allows students to learn crucial content and test taking skills for the BCA/BT entrance exam, Central Jersey vocational school entrance exams, or even the SSAT and ISEE.

Fast Track 8 focuses on solidifying foundational skills, ensuring complete mastery on topics that cover the majority of high school admissions tests, and building confidence in those topics. The curriculum of Fast Track 8 spends extra time on foundational topics, as opposed to advanced topics, in order to invest more time in the topics that make up 80% or more of the test.

Fast Track 8 is a **fully virtual option** to high school admissions test prep, scheduled **for one weekly English and Math lecture**. However, students can opt to take the course **twice weekly** as well, doubling their exposure to content-rich tests and practice materials.

PROGRAM ELEMENTS

Weekly 110-minute simulation exam, taken before each lecture
Weekly 60-minute lecture per subject, focused on test review
Secondary focus on key digital exam-taking skills, outlined on next page
Fully digital experience
Additional academic and admissions support available upon request

ENGLISH LECTURE

Tuesday, 5:30 PM to 7:30 PM

Saturday, 11:30 AM to 1:30 PM

+

MATH LECTURE

Thursday, 6:30 PM to 8:30 PM

Saturday, 2:30 PM to 4:30 PM

+

MATH CLINIC

Friday, 4:00 PM to 5:00 PM

ADD-ON OPTIONS

ONLY APPLICABLE TO STUDENTS
REGISTERED IN FAST TRACK 8

JOIN ANOTHER SET OF FAST TRACK 8 LECTURES PER WEEK:

ENGLISH & MATH (SET)
ONE SUBJECT ONLY

PRIVATE TUTORING: ENGLISH OR MATH

APPLICATION ESSAY GUIDANCE: 1-HOUR MEETING

APPLICATION STRATEGY CONSULTATION: 1-HOUR MEETING

INTERVIEW COACHING: 30-MINUTE MEETING

- *Subject-specific enrollment is not permitted.*
- *Students may enroll on a weekly basis.*
- *Class schedule is subject to change based on enrollment status.*



FALL 2025 SSAT, ISEE, & HSPT PREP

SSAT/ISEE PREP

There are so many possibilities for High School Admissions. Students can choose to apply to BCA or BT, but they can also explore private boarding and day schools! In order to apply to private boarding and day schools, as well as some parochial schools, students need to take the SSAT or ISEE.

MEK has the resources for all students to reach their high school admissions goals! Below is more information on our SSAT/ISEE Prep course this Fall 2025.

SCHEDULE

TERM: SEPTEMBER 10TH TO DECEMBER 17TH *Tailor your starting and ending dates to your target test date.*

IN-PERSON LECTURE CLOSTER CAMPUS

15 sessions Fridays, 5:30 PM to 8:30 PM

WEEKLY TESTING

Thursdays, *time by appointment*

VIRTUAL LECTURE

15 sessions Fridays, 5:30 PM to 8:30 PM

HSPT PREP

The HSPT is specifically for parochial schools. This test is taken during the second week of November, and is usually hosted by the schools that require them for admissions.

SCHEDULE

TERM: SEPTEMBER 11TH TO NOVEMBER 6TH

IN-PERSON LECTURE PALISADES PARK CAMPUS

9 sessions Thursdays, 5:30 PM to 8:30 PM

WEEKLY TESTING

*In-person by appointment OR
self-administered*

VIRTUAL LECTURE

9 sessions Thursdays, 5:30 PM to 8:30 PM



PALISADES PARK CAMPUS
261 1st Street
Palisades Park, NJ 07650

CLOSTER CAMPUS
40 Homans Ave.,
Closter, NJ 07624

(855) 346-1410
mek@mekreview.com
www.mekreview.com